



SCHOOL OF HEALTH & APPLIED HUMAN SCIENCES
College of Health & Human Services
University of North Carolina Wilmington

FACT SHEET 2011-2012

About the School of Health and Applied Human Sciences

- Founded as the Department of Physical Education in 1965 with 5 faculty members. Became the Department of Physical Education and Recreation in 1977, and subsequently the Department of Health, Physical Education and Recreation (HPER) in 1978. In 2003, the Department was renamed Health and Applied Human Sciences (HAHS). Since 1999, five new degree programs have been added in Recreation Therapy (1999), Athletic Training (2000), Gerontology (2005), Community Health Education (2009), and Exercise Science (2010). In 2010, HAHS became a School in the new College of Health and Human Services.
- All programs share a commitment to improving health and health-related quality of life concerns for all ages across the lifespan and graduates work in multiple settings including hospitals, clinics, schools, nursing homes, resorts, and the community.
- School of HAHS website <http://www.uncw.edu/hahs>.

Degrees Offered

- ***Athletic Training***
Students who earn a Bachelor of Arts in Athletic Training work in professional, collegiate, amateur, and scholastic sport venues and provide preventive injury care to athletes and emergency care to injured athletes as well as follow-up rehabilitative care in athletic training clinics. The program is accredited by the Commission of Accreditation for Athletic Training Education (CAATE).
- ***Community Health Education***
Students who earn a Bachelor of Science degree in Community Health Education are prepared to work in the field providing programs that encourage individuals to protect, maintain and improve their levels of health and fitness and to enhance their overall quality of life. Starting in Fall 2011, students can earn a degree in Community Health Education with a concentration in Gerontology.
- ***Exercise Science***
Students earning a Bachelor of Science degree in Exercise Science have extensive training in human anatomy and physiology and the study of human movement. They are qualified to conduct precise exercise testing and exercise prescriptions. Many go on to study physical therapy while others choose to gain certification as a fitness consultant and trainer.
- ***Gerontology***
At the undergraduate level students can either earn a minor in Gerontology or a concentration within the Community Health Education degree program. The 21-semester hour minor encourages students to obtain field experience through community partners who work with older adults. Graduate students may earn a Master of Science in Applied Gerontology or a post-baccalaureate certificate in gerontology. The 36-hour Master's program prepares graduates to be aware of all aspects of aging through coursework that is multidisciplinary and interdisciplinary. The 15-semester hour post-baccalaureate certificate is ideal for students with other advanced degrees who are seeking an additional graduate credential in gerontology.
- ***Physical Education Teacher Certification***
Students who earn a Bachelor of Arts in Physical Education with a concentration in teaching receive k-12 licensure from the NC Department of Public Instruction to teach Health and Physical Education. Students take coursework in SHAHS and the Watson School of Education. The program is accredited by the National Council for Accreditation of Teacher Education (NCATE).
- ***Recreation, Sport Leadership, and Tourism Management***
Students earning a Bachelor of Arts in Recreation, Sport Leadership and Tourism Management are prepared for employment in the leisure service and travel and tourism industry and for graduate study. The program is NRPA/AALR accredited in Leisure Service Management. There

are three areas of concentration: Tourism and Commercial Recreation, Public and Non-Profit Recreation, and Sport Leadership.

- **Recreation Therapy**

Students who earn a Bachelor of Arts degree in Recreation Therapy are trained to utilize recreation activities as rehabilitation modalities. Their services complement physical and occupational therapy and address clients' adjustment to illness or disability and education for a new lifestyle following rehabilitation. The program is accredited by the Council on Accreditation: Parks, Recreation, Tourism and Related Professions (COAPRT).

Faculty

- 27 full-time faculty members; 16 part-time faculty members; 2 administrative staff.

Student Information

- SHAHS Majors: 646 (Fall 2011)
- SHAHS is the sole provider of the required university studies course, PED 101, which annually enrolls approximately 2,800 students

Clinical Practice and Professional Service to the Community

- In HAHS students *learn by doing*. Most of our classes integrate classroom learning with practical experience and every major has an intense internship or practicum, some for a full 12 credit hours.
- SHAHS sponsors or co-sponsors many community events in which our students gain first-hand experience. Some of these are Accessible Recreation Day, Adapted Water Sports Day, Special Olympics, Senior Olympics, Camp Special Time, and a whole host of other events.
- SHAHS is home to the Obesity Prevention Initiative (OPI), the lead agency in southeastern North Carolina in providing education, behavior change and research in weight loss, nutrition and physical activity. The OPI has received over \$1 million in research and demonstration grants and many students volunteer, work and do internships within OPI.

Faculty Research and Scholarship

- Faculty members are involved in research projects with colleagues at UNCW and at other Institutions in the state, region, country, and internationally. SHAHS faculty pride themselves on including students in their research projects. Listed below are some examples of recent SHAHS faculty research projects:
 - Comparison of high and low shift fatigue groups in relation to physical activity, body mass index, and gender in a call center.
 - Recess physical activity packs in elementary schools: A qualitative investigation
 - Construct validity and reliability of college students' responses to the Reasons for Smoking Scale
 - The perceived impacts of sport tourism: An urban host community perspective
 - Using the dimensions of health to assess motivation among running moms
 - Recycling Mentors: An intergenerational, service-learning program to promote recycling and environmental awareness

Contacts

Athletic Training
Community Health Education
Exercise Science
Gerontology
Recreation, Sport Leadership and Tourism Mgmt
Physical Education-Teacher Licensure
Recreation Therapy

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