

New Hanover County Health Summit

Roundtable 6 • Mental Health Access • Peter Mumma, Facilitator

1. Mental Health Reform/Failure (2001)

- Broke functional Mental Health delivery sites
- Administrative costs grew, redundant

2. Continuum of Care

- Community support – workers with no qualifications billing state \$61/hr. for “community support” – basically friendship with client.

3. Early 2008 – Address Reform

- Mobile treatment team
 - Team can go to a site of patient crisis and give care
- Addressed substance abuse, homelessness
- 187 bed shortage for inpatient psychiatric care
- 1 : 3 families touched by mental health

4. Buncombe County has promising program that has worked to increase pharmacist intervention for depression

- Focused on med compliance, adherence

5. Wellness Care Initiative at New Hanover Regional Medical Center

- Addressing physiological need along with stressors

6. What can we do?

- Outpatient:
 - Not enough access or personnel
 - Shifting care to NPs, Pharmacists, etc...

7. Seeing Mental Health as a chronic model of care.

