



**University of North Carolina Wilmington
School of Nursing**

Presents



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Aging to Perfection

Wednesday, November 11, 2009
6 - 8 p.m. **(Reception to follow)**

Burney Center
University of North Carolina Wilmington

Keynote Speaker:

Dr. Mary K. Rudyk, Geriatrician
Senior Health Associates, PA

Other presenters:

Dr. Ellie Covan, Professor of Gerontology
Department of Health and Applied Human Services

Mrs. Melissa Aselage, Lecturer
School of Nursing

Dr. Kathleen Ennen, Assistant Professor
School of Nursing

Topics to be covered:

- Normal vs. abnormal signs of aging
- Preventive screenings recommended for older adults
- The importance of a primary care provider for older adults
- Signs and symptoms in older adults that require attention by primary care providers
- The importance of personal social networks and spiritual growth in aging
- Advanced care planning

Co-sponsored by:

UNCW Upperman African American Cultural Center
Pacifica Assisted Living

Students in the following disciplines are encouraged to attend:

Nursing – Health Related Professions –
Psychology – Social Work

If you plan to attend, please contact Linda Ferrell at 910-962-3200 or ferrell@uncw.edu by November 4.