

## MEDICAL EVALUATION OF FITNESS FOR DIVING REPORT

\_\_\_\_\_  
Name of Applicant (Print or Type)

\_\_\_\_\_  
Date (Mo/Day/Year)

To The PHYSICIAN:

This person is an applicant for training or is presently certified to conduct underwater research with self-contained underwater breathing apparatus (scuba), and/or surface supplied/umbilical diving equipment and/or saturation diving. These activities put unusual stress on the individual in several ways. Your opinion on the applicant's medical fitness is requested. Diving requires heavy exertion. The diver must be free of cardiovascular and respiratory disease. An absolute requirement is the ability of the lungs, middle ear and sinuses to equalize pressure. Any condition that risks the loss of consciousness should disqualify the applicant.

RECOMMENDATION:

- APPROVAL. I find no medical condition(s) which I consider incompatible with diving.
- RESTRICTED ACTIVITY APPROVAL. The applicant may dive in certain circumstances as described in REMARKS.
- FURTHER TESTING REQUIRED. I have encountered a potential contraindication to diving. Additional medical tests must be performed before a final assessment can be made. See REMARKS.
- REJECT. This applicant has medical condition(s) which, in my opinion, clearly would constitute unacceptable hazards to health and safety in diving

REMARKS:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I have discussed the patient's medical condition(s) which would not seriously interfere with diving but which may seriously compromise subsequent health. The patient understands the nature of the hazards and the risks involved in diving with these defects.

\_\_\_\_\_  
Date Signature M.D.

\_\_\_\_\_  
Name (Print or Type)

\_\_\_\_\_  
Address

\_\_\_\_\_  
Telephone Number

## **SELECTED REFERENCES IN DIVING MEDICINE**

DIVING MEDICINE, 1990. A. Bove and J. Davis. W.B. Saunders Company, Philadelphia

DIVING AND SUBAQUATIC MEDICINE, Third Edition, 1992. C. Edmonds, C. Lowery and J. Pennefather. Butterworth-Heinemann Ltd. Oxford.

MEDICAL EXAMINATION OF SPORT SCUBA DIVERS, 1986. Jefferson Davis, M.D. (ed.). Medical Seminars, Inc. San Antonio, Texas 78230

NOAA DIVING MANUAL, NOAA. Superintendent of Documents, U.S. Government Printing Office, Washington, D.C.

SCUBA DIVING IN SAFETY AND HEALTH, C.W. Deuker. Madison Publishing Associates, Diving Safety Digest, P.O. Box 2735, Menlo Park, CA 94026

THE PHYSICIAN'S GUIDE TO DIVING MEDICINE, C.W. Shilling, C.B. Carlston and R.A. Mathias. Plenum Press, New York, NY(Also available through the Undersea and Hyperbaric Medical Association, Bethesda, MD)

U.S. NAVY DIVING MANUAL. Superintendent of Documents, U.S. Government Printing Office, Washington, D.C.

These manuals are available from:

Best Publishing Company  
P.O. Box 30100  
Flagstaff, AZ 86003-0100  
(800) 468-1055