RECREATION THERAPY COURSE DESCRIPTIONS

**RTH 303 - Inclusive Recreation Services**  
Credits: 3  

Prerequisites: RTH and REC majors and minors only or permission of instructor. Designed to increase the awareness of and sensitivity to the recreation and leisure needs of persons with disabilities. Specific attention is given to programmatic and administrative strategies for inclusive services in a variety of recreation settings.

**RTH 359 - Research and Evaluation in Recreation Therapy**  
Credits: 3  

Prerequisite: RTH 368 or permission of instructor. Fundamental principles of research and evaluation methods in health care, social services, and recreation therapy with an emphasis on evidenced-based and efficacy research; includes critical thinking, scholarly writing, and computer applications used in research. Satisfies University Studies IV: Building Competencies/Quantitative and Logical Reasoning.

**RTH 359 - Research and Evaluation in Recreation Therapy**  
Credits: 3  

Prerequisite: RTH 368 or permission of instructor. Fundamental principles of research and evaluation methods in health care, social services, and recreation therapy with an emphasis on evidenced-based and efficacy research; includes critical thinking, scholarly writing, and computer applications used in research. Satisfies University Studies IV: Building Competencies/Quantitative and Logical Reasoning.

**RTH 368 - Foundations of Recreation Therapy**  
Credits: 3  

Prerequisite: Recreation therapy major or permission of instructor. Historical and professional development of recreation therapy services; settings for service delivery; recreation therapy process; roles of helping professionals; and populations served.

**RTH 369 - Recreation Therapy in Gerontology**  
Credits: 3  

Prerequisite: RTH 368 or GRN 101 or consent of instructor. Emphasis on theories and evidence-based models of practice for individuals with dementia related illnesses in a variety of settings. Field work required.
RTH 370 - Recreation Therapy in Physical Rehabilitation
Credits: 3

Prerequisite or corequisite RTH 368. Etiology, functional and health implications of physically disabling conditions; selection of interventions; safety considerations pertinent to planning and delivery of recreation therapy services.

RTH 371 - Recreation Therapy Interventions I
Credits: 4

Prerequisites: RTH 368 and consent of instructor. Emphasis on leadership, group processing, activity adaptation, behavior management, therapeutic communication, leisure education, and challenge activities. Field work required.

RTH 372 - Recreation Therapy in Behavioral Health
Credits: 3

Prerequisite or corequisite: RTH 368. Etiology, functional, and health implications of developmental disabilities; sensory impairments; and conditions related to emotional and behavioral health; selection of recreation therapy interventions; safety considerations pertinent to planning and delivery of recreation therapy services.

RTH 380 - Assessment and Outcome Planning in Recreation Therapy
Credits: 4

Role of reliable assessment in the treatment planning process in recreation therapy. Skills in assessment, goal writing and attainment, documentation, and outcome measurement. Three lecture hours and two lab hours per week.

RTH 382 - Recreation Therapy Interventions II
Credits: 3

Prerequisite: RTH 371. Group dynamics and helping skills, and facilitation techniques in such areas as adapted sports, stress and anger management, and community reintegration. Field work required.
RTH 383 - Recreation Therapy Interventions III
Credits: 3

Prerequisite: RTH 371. Specific recreation therapy intervention modalities covered in this course include: helping skills and individual therapy and facilitation techniques; horticulture, expressive arts, animal assisted, and aquatic therapies; and therapeutic riding and exercise. Field work required.

RTH 384 - Recreation Therapy and Child Life with Hospitalized Children
Credits: 3

Prerequisite: RTH 386 or consent of instructor. An overview of practitioners’ roles with children and families in hospitals - includes developmental milestones/issues; healthcare experiences; therapeutic interventions; family-centered care; diagnostic and treatment interventions; pain management; death and dying; interdisciplinary communication.

RTH 386 - Assistance Dog Training I
Credits: 3

Prerequisite: At least a sophomore standing. Introduction of all aspects, roles and functions of assistance dogs in society and specifically to individuals with physical, neurological, psychiatric or emotional disabilities. Service dogs will be attending class on a regular basis. Service learning hours are required.

RTH 387 - Assistance Dog Training II
Credits: 3

Prerequisite: RTH 386 and consent of instructor. Students learn stage one training for assistance dogs, which includes service and therapy dogs, through hands-on demonstration and practice. Service and other dogs will be attending class on a regular basis. Service learning hours required.

RTH 390 - Pre-Internship Seminar in Recreation Therapy
Credits: 1

Prerequisite: Junior standing or consent of instructor. Preparation for the internship experience with emphasis on development of professional behaviors that facilitate internship and career success. Instruction methods include readings, discussions, individual and group activities, and use of electronic media.
RTH 448 - Advanced Field Experience in Recreation Therapy  
Credits: 1-6  

Prerequisite: RTH 348 and consent of instructor. Advanced field placement in a recreation therapy setting. Direct service to recreation therapy clients under the supervision of licensed and certified recreation therapists. Course may be taken more than once; however, students are limited to six credit hours toward graduation. Course cannot be substituted for a content course.

RTH 468 - Program Planning and Evaluation in Recreation Therapy  
Credits: 3  


RTH 475 - Leadership and Management of Recreation Therapy Services  
Credits: 3  

Prerequisite: RTH 368 and RTH 468. Principles and practices of recreation therapy management, particularly the effective and efficient management of human, fiscal, informational, and physical resources in health care and human service agencies.

RTH 480 - Senior Seminar in Recreation Therapy  
Credits: 3  

Prerequisite: RTH 368 or permission of instructor. Capstone course in which students utilize theories and methods from previous courses to explore selected topics, issues, and trends related to the recreation therapy profession. Partially satisfies University Studies IV: Building Competencies/Writing Intensive.

RTH 491 - Directed Individual Study  
Credits: 1-3  

Prerequisite: Overall GPA of at least 2.0, junior or senior standing, and consent of instructor, department chair, and dean. Involves investigation under faculty supervision beyond what is offered in existing courses. Field work required. For further information, consult the Directed Individual Studies section of the catalogue.
RTH 494 - Study Abroad in Recreation Therapy
Credits: 1-6

Prerequisite: Permission of Instructor. An interdisciplinary introduction to recreation therapy field methods and investigation in foreign countries. Focused study on disability, accessibility, inclusion, and health care issues and problems specific to host country on local, regional, and global scales. Course integrates field and classroom instruction. May be repeated for up to 12 hours.

RTH 498 - Internship in Recreation Therapy
Credits: 12

Prerequisite: Senior standing and an overall 2.00 grade point average, and completion of all other courses required for the major with a 2.00 cumulative grade point average. Experiential learning in recreation therapy with selected public, private, commercial, non-profit health care and human service agencies, under the direct supervision of a Certified Therapeutic Recreation Specialist (CTRS). A minimum of 560 hours and 14 consecutive weeks of fieldwork are required. Satisfies University Studies V: Explorations Beyond the Classroom. Satisfies University Studies VI: Common Requirements/Capstone Course.

RTH 499 - Honors Work in Recreation Therapy
Credits: 3

Prerequisite: Eligibility for honors program and senior standing. Independent study for honors students. Satisfies University Studies V: Explorations Beyond the Classroom.