

B.A. Athletic Training (ATR)*College: Arts & Sciences***DEGREE REQUIREMENTS**

Course requirements for all UNCW degrees include: (1) Basic Studies, (2) specific major requirements, and (3) sufficient elective hours for a combined total of a minimum of 124 hours.

(1) BASIC STUDIES (45 semester hours)

See Basic Studies sheet and/or information on the WEB at <http://www.uncw.edu/uc/basic/basic.html>

(2) MAJOR REQUIREMENTS - ATR (Minimum 75 hours)

Check when complete:

_____ +BIO 201	Principles of Biology: Cells (4)
_____ HEA 201	First Aid, Safety, and Cardiopulmonary Resuscitation (3)
_____ HEA 465	Exercise Performance and Nutrition (3) Prerequisite: PED 216, PED 217, and junior status
_____ +PSY 105	General Psychology (3)
_____ ATR 210	Introduction to Athletic Training (3) [offered Spring only]
_____ ATR 211	Care and Prevention of Athletic Injuries (3) Prerequisite: ATR majors only or consent of instructor
_____ ATR 300	Seminar with Allied Health Care Professionals (1-6)
_____ ATR 302	Therapeutic Modalities in Athletic Training (3) Prerequisite: ATR majors only or by consent of instructor, ATR 211 and corequisites: ATR 304 and ATR 306
_____ ATR 303	Therapeutic Rehabilitation in Athletic Training (3) Prerequisite: ATR majors only or by consent of instructor, ATR 302, ATR 304, ATR 306 and corequisites: ATR 305 and 307
_____ ATR 304	Evaluation of Athletic Injuries I (3) Prerequisite: ATR majors only or by consent of instructor, ATR 211, PED 216 and corequisites: ATR 302 and 306
_____ ATR 305	Evaluation of Athletic Injuries II (3) Prerequisite: ATR majors only or by consent of instructor, ATR 302, 304, 306 and corequisites: ATR 303 and 307
_____ ATR 306	Clinical I in Athletic Training (3) Prerequisite: ATR majors only and consent of instructor, ATR 211 and corequisites: ATR 302 and 304 (Meets Oral Communication Competency Requirement)
_____ ATR 307	Clinical II in Athletic Training (3) Prerequisite: ATR majors only and consent of instructor, ATR 302, 304, 306 and corequisites: ATR 303 and 305
_____ ATR 445	Organization and Administration in Athletic Training (3) Prerequisite: ATR majors only or consent of instructor
_____ ATR 448	Clinical III in Athletic Training (3) Prerequisite: ATR majors only and consent of instructor, ATR 307
_____ ATR 449	Clinical IV in Athletic Training (3) Prerequisite: ATR majors only and consent of instructor, ATR 448
_____ ATR 450	Pharmacology for the Health Sciences (3)
_____ ATR 490	Clinical V in Athletic Training (3) Prerequisites: ATR Majors only and consent of instructor, ATR 449
_____ +*PED 216	Human Anatomy and Physiology I (4) [BIO 240 (4) for Physical Therapy students]
_____ +PED 217	Human Anatomy and Physiology II (3) [BIO 241 (4) for Physical Therapy students]
_____ PED 266	Applications of Computers in Physical Education and Health (3) (Meets Computer Competency Requirement)
_____ PED 340	Biomechanics (3) Prerequisite: PED 216
_____ *PED 349	Physiology of Exercise and Sport (4) Prerequisite: PED 216 or BIO 345

* These courses require a lab

+ May also be used to satisfy Basic Studies requirements

Other requirements include but are not limited to the following:

1. Admission to UNCW
2. GPA of "C" (2.00) or better on all course work attempted (both transfer and UNCW).
3. Grade of "C-" or better in BIO 201, HEA 201, ATR 210 and PSY 105.
4. GPA of at least 2.50 for BIO 201, HEA 201, ATR 210 and PSY 105.
5. Minimum of 30 hours observation in the athletic training room completed while taking ATR 210
6. Application form.
7. Technical standards.

(3) ELECTIVES

_____ Elective hours to equal a minimum of 124 hours

Requirements to declare PRE-ATR: Completion of 24 hours; students need to contact an ATR advisor during their freshman year. Application into the program occurs during the spring semester of the freshman year.

Requirements to declare an ATR major: To be considered for full admission to the Athletic Training Education Program, applicants must meet the minimum requirements as outlined in the *UNCW Undergraduate Catalogue*.

For further information see the ATR WEB site: <http://www.uncw.edu/hahs/academics-athletictraining.htm>

PHYSICAL EDUCATION COURSES

- PED 101. Physical Activity and Wellness (2)**
PED 103. Physical Education Activity – Program of Outdoor Pursuits (3)
 Prerequisite: PED 101 or equivalent
PED 104. Scuba (2) Prereq: Proficiency in swimming skills
PED 105. Lifeguard Training (1)
PED 106. Beginning Swimming (1)
PED 107. Basic Swimming and Water Safety (1)
PED 108. Advanced Swimming (1)
PED 109. Water Safety (1)
 Prerequisite: Possess current Red Cross Emergency Water Safety or Lifeguard Training Certificate
PED 110. Archery (1)
PED 111. Beginning Tennis (1)
PED 112. Intermediate Tennis (1)
PED 113. Golf (1)
PED 114. Bowling (1)
PED 115. Weight Training (1)
PED 116. Beginning Racquetball (1)
PED 117. Intermediate Racquetball (1)
PED 118. Beginning Racquetball - Tennis (1)
PED 119. Badminton - Tennis (1)
PED 120. Group Exercise (1)
PED 121. Soccer (1)
PED 122. Volleyball (1)
PED 123. Physical Conditioning (1)
PED 124. Basic Canoeing and Kayaking (1)
PED 125. Basic Sailing (1)
PED 126. Beginning Snow Skiing (1)
PED 127. Motor Boat Operation (1)
PED 134. (THR 134) Dance Techniques I (2)
PED 136. (THR 136) Movement Exploration (3)
PED 138. Hatha Yoga (1)
PED 140. Walking Fitness (1)
PED 142. Jogging Fitness (1)
PED 150. Beginning Sailing (1)
PED 199. Topics in Physical Education (1-3)
PED 200. Instructional Design in Educational Dance and Gymnastics K-12 (3) (no prerequisites)
PED 201, 202. Lifelong Physical Education Programming -
 Pre- or corequisite: PED 235 or consent of instructor
PED 201. Individual and Dual (3)
PED 202. Team (3)
PED 206. Traditional American Dance I (2)
PED 216. Human Anatomy and Physiology I (4)
PED 217. Human Anatomy and Physiology II (3)
PED 226. Intermediate Snow Skiing (1)
 Prerequisite: Permission of instructor
PED 234. (THR 234) Dance Techniques II (2)
 Prerequisite: THR 134 or PED 134 or consent of instructor
PED 235. Foundations of Health & Physical Education (3)
PED 236. Athletic Officiating (3)
PED 266. (HEA 266) Applications of Computers in Physical Education and Health (3)
 Prerequisite: Majors only or consent of instructor
For add'l. prerequisites or corequisites in PED and ATR classes numbered above 299, please consult the undergraduate catalogue.
PED 315. Motor Development (2)
PED 320. Methods of Teaching Motor Activity (3)
PED 335. Reading in Physical Education (3)
PED 336. An Approach to Coaching (3)
PED 340. Biomechanics of Sports and Exercise (3)
PED 342. Skill Analysis for Sport and Physical Activity (3)
PED 345. Pediatric Health and Fitness (3)
PED 347. Field Experience in Exercise Science (3)
PED 349. Physiology of Exercise and Sport (4)
PED 350. Motor Behavior (3)
PED 355. Measure and Evaluation of Human Physical Performance (3)
PED 359. Research and Evaluation in Health, Physical Education and Health (3)
PED 360. Motor Learning (3)
PED 379. Sport, Physical Activity, and the Law (3)
PED 385. Health and Physical Education Curriculum Development (3)
PED 386. Teaching Elementary Physical Education I (4)
PED 387. Teaching Secondary Physical Education I (4)
PED 388. Teaching Elementary Physical Education II (3)
PED 410. Seminar in Physical Education (1)
PED 415. Adapted Physical Education (4)
PED 416. Laboratory Techniques and Research Methods in Exercise Physiology (3)
PED 421-422-423-424-425-426. Methods of Coaching (2)
 421 Baseball 424 Track and Field
 422 Basketball 425 Soccer
 423 Football 426 Volleyball
PED 435. Sport Management (3)
PED 436. Intramurals (3)
PED 440. Selected Topics in Exercise Science (3)
PED 455. Advanced Tests and Measurements in Physical Education (3)
PED 460. Sport and Exercise Psychology (3)
PED 470. Exercise Prescription and Assessment: Healthy Population (4)
PED 471. Exercise Prescription and Assessment: Special Populations (3)
PED 481. Seminar in Athletic Training (3)
PED 491. Directed Individual Study (1-3)
PED 498. Internship in Physical Education (12)
PED 499. Honors Work in Physical Education (2-3)
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- ### ATHLETIC TRAINING COURSES
- ATR 210. Introduction to Athletic Training (3)**
ATR 211. Care and Prevention of Athletic Injuries (3)
 Prerequisite: ATR majors only or consent
ATR 300. Seminar with Allied Health Care Professionals (1)
ATR 302. Therapeutic Modalities in Athletic Training (3)
ATR 303. Therapeutic Rehabilitation in Athletic Training (3)
ATR 304. Evaluation of Athletic Injuries I (3)
ATR 305. Evaluation of Athletic Injuries II (3)
ATR 306. Clinical I in Athletic Training (3)
ATR 307. Clinical II in Athletic Training (3)
ATR 445. Organization and Administration in Athletic Training (3)
ATR 448. Clinical III in Athletic Training (3)
ATR 449. Clinical IV in Athletic Training (3)
ATR 450. Pharmacology for the Health Sciences (3)
ATR 490. Clinical V in Athletic Training (3)