School Director
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Interim Associate School Director
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About the School of Health and Applied Human Sciences (SHAHS)
- The SHAHS mission is to promote the health and well-being of all persons through exemplary preparation of Health and Human Sciences’ professionals, community engagement, and research.
- All programs share a commitment to improving health and health-related quality of life concerns for all ages across the lifespan. Active learning is the core of the student learning experience and graduates work in multiple settings, including hospitals, clinics, schools, nursing homes, resorts, and other organizations within the community and around the world.
- The SHAHS coordinates PED 101 (Physical Activity and Wellness), which introduces students to fundamental concepts and practical experiences associated with the dimensions of wellness and provides the students with the skills necessary to implement positive behavior change for lifetime wellness.
- The SHAHS features a Human Performance Laboratory and Sports Medicine Clinic that promote applied learning, as well as student and faculty scholarships.

Degrees Offered and Academic Program Coordinators
- Bachelor of Arts in Athletic Training, Dr. Steven Zinder, zinders@uncw.edu
- Bachelor of Science in Exercise Science, Dr. Lisa Sprod, sprodl@uncw.edu
- Bachelor of Arts in Healthful Living and Fitness Education, Dr. Sue Combs, combsc@uncw.edu
- Bachelor of Science in Public Health, Dr. Randy Cottrell, cottrellr@uncw.edu
- Bachelor of Arts in Recreation, Sport Leadership and Tourism Management, Dr. Alexia Franzidis, franzidisa@uncw.edu
- Bachelor of Arts in Recreation Therapy, Dr. Candy Ashton-Forrester, asht onc@uncw.edu
- Master of Science in Applied Gerontology/Post-Baccalaureate Certificate in Gerontology, Dr. Anne Glass, glassa@uncw.edu
- Physical Activity and Wellness (PED 101), Ms. Lindsey Nanney, nanneyl@uncw.edu

Faculty
- Student learning is supported by 42 full-time faculty and 40 part-time faculty, many of whom work in the Wilmington area and bring significant clinical/professional expertise.
- Faculty serve in leadership roles within professional associations and have received numerous professional awards and honors.

Student/Alumni and Education Information
- Total Enrollment = 1,111 Students (917 Majors and 194 Pre-Majors) ATR 23/1; EXS 288/142; HLFE 39; PH 300; RSLTM 142; RT 110/51; GRN 15.
- Multiple degree programs in the SHAHS have achieved national accreditation including Athletic Training, Physical Education, and Public Health Studies. The Public Health program is among the first cohort of Standalone Baccalaureate Programs to be accredited by the Council on Education for Public Health.
- The SHAHS maintains extensive alumni networks in the Cape Fear Region and beyond. Our alumni generously support our students and School by serving on boards, supervising internships and practicum experiences, and mentoring students.
- The SHAHS has several scholarships that support student learning.
- Several degree programs in the SHAHS feature advisor boards comprised of community partners and alumni; programs include Recreation, Sport Leadership and Tourism Management, Gerontology, and Recreation Therapy.

Interprofessional Collaboration
- SHAHS faculty and students collaborate with scholars from across the university to produce research in a wide array of academic disciplines.
• SHAHS faculty and students work collaboratively with community partners to address significant public-health issues in our region and beyond.
• All degree programs in SHAHS require extensive learning from other academic disciplines to provide students exemplary applied learning and true liberal arts experiences.

Community Engagement and Impact
• Active learning is a foundational component to each degree program. Most classes integrate classroom learning with practical experience, often in the form of service learning, and every major has a required intense internship or practicum.
• The SHAHS Community Engagement Values include:
  o Communicating our commitment to community engagement through leadership and collaboration
  o Reciprocal mentorship of students, faculty and, community members and leaders
  o Making a global impact through a regional focus
  o Developing, preserving, and expanding sustainable partnerships with community members and organizations
  o Understanding the relevance and importance of engagement in our community, whether we engage by leading or serving others
• The SHAHS sponsors or co-sponsors many community events in which our students gain first-hand experience. Examples include: Police Athletic League Cross-City Championships, Special Olympics, the paws4people family reunion, Senior Games, and Pine Valley Science Day.
• The SHAHS is a leading partner with several important community partners, including the Miracle Field, the Police Athletic League, the Blue-Ribbon Commission for Youth Violence Prevention, I Can Do It You Can Do It, and Assistance Dogs’ Therapies.

Implementation Science
• The SHAHS has developed a rich tradition of student and faculty collaborative research. Under the supervision of highly qualified faculty, students complete a wide array of research projects, many of which are often published and/or presented at prestigious national conferences.
• Student and faculty scholarships are supported by sophisticated technology such as dual x-ray absorptiometry (DXA), Bod Pod, Anatomage tables and metabolic carts, among others.
• Faculty have been awarded internal and external funding for their work in health, exercise science, and coastal health issues.
• Faculty have published their research in top journals within the field, including the Journal of School Health, the International Journal of Exercise Science, the Journal of Clinical Oncology, Integrative Cancer Therapies, the American Journal of Health Education, the Journal of Travel and Tourism Marketing, Health Promotion and Practice, and The Physical Educator.

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