

EXS Program

NC Community College Course Equivalents

Courses can be completed within the EXS program along with Exercise Science courses. There is no need to complete all courses prior to program. This list is to help you evaluate what you have already taken.

UNCW Requirement

NC Comm. College Course

English Composition (6 hours): Select 1: ENG 111
Select 1: ENG 112, 113, or 114

Lifetime Wellness (2 hours): Select 1: PED 110, 111, or 112

Mathematics and Statistics (3 hours): Select 1: MAT 161 or MAT 171

Foreign Language: Proficiency at the 201 level in a language previously studied (in high school or college), or 2 semesters 101-102 in a new language. If you have not previously taken a foreign language, you must gain proficiency at the 201 level. A variety of languages are accepted; here are the course number equivalents:

UNCW Foreign Language 101..... 111 at a NC Community College
UNCW Foreign Language 102..... 112 at a NC Community College
UNCW Foreign Language 201..... 211 at a NC Community College

Example: If you took Spanish in high school, you will need to take SPN 201 at UNCW or SPA 211 at a NC Community College. If you have no previous Foreign Language, you could take SPN 120 and SPN 201 at UNCW.

Aesth., Interp., & Lit. (6 hours): Select 1: ENG 131, 231, 232, 235, 241, 253, 261, 262, 273, or 274
• No more than 3 hours from Select 1: ART 114, 115, DAN 110/DRA 111, DRA 122, 130, ENG 125,
any one discipline. MUS 110, 112, 113, 121, 131, 132, 135, 136, 137, 138, 141, 142, 231, 232,
235, 236, 237, 238, 241 or 242

History and Philosophy (6 hours): Select 1: HST 111, 112, 115, 121, 122, 131, 132, 162 or 221
Select 1: PHI 210, 215, or 240

Scientific Approaches (7 hours): Select 1: BIO 111
Select 1: CHM 151

Human Institutions (6 hours): Select 1: PSY 150
Select 1: SOC 210, ECO 151, or ECO 251

EXS Biology: Select 1: BIO 165 or 168
Select 1: BIO 166 or 169