

FAQs: EXS

Preparing to Apply

1) I need more information before starting the program - who should I contact?

Interested students should contact Mark Forbes forbesm@uncw.edu 910-962-2080 for more information.

2) How can I get an evaluation of my transcripts?

Due to the high volume of interest in the UNCW EXS program, we are unable to provide unofficial evaluations of your transcripts. You will obtain an official evaluation once admitted to UNCW.

You can review the [Non-Exercise Science Required Courses \(PDF\)](#) and [Transfer Credit Equivalents](#) resources.

3) What are the admission requirements?

[Admission Requirements](#)

Note that you do not need to complete all [Non-Exercise Science Required Courses \(PDF\)](#) prior to entering the EXS program.

4) How quickly can I get started with the EXS program?

We offer 6 start dates throughout the year, two in the Fall, two in the Spring, and two in the Summer. Please refer to the [Calendar of Start Dates](#) for more information.

5) Are all courses offered online, including non-exercise science courses that I may need?

Yes, all courses are offered in the online 7-week model.

6) What is the cost of applying, and how to I apply?

The application fee is \$80, and you can apply for admission online, using the “APPLY NOW” button at the [Bachelor of Science: Exercise Science main page](#).

7) What Math and English courses does a student need to be accepted to UNCW?

One transferable Math and two transferable English courses are required. Courses must transfer into UNCW as an equivalent (not as a 001 elective course) and must earn a C or better. Please refer to the [Transfer Credit Equivalents](#) webpage for additional information.

8) What Math courses are required for the EXS program?

The only Math course that is required within the EXS program is College Algebra (MAT 111, MAT 112, MAT 115, MAT 151 or MAT 161). If a student needs to take a Math course for general admission to UNCW, it is recommended that the student take Statistics. For additional information, see the [Transfer Credit Equivalents](#) webpage.

9) If I apply, but don't get all needed materials submitted to UNCW Admissions or don't get admitted for a particular session, will I automatically get deferred to the next session?

No, it is not automatic. However, a student can submit a written request to UNCW Admissions to be reviewed for the next session at no additional cost. The application materials and fee are good for four EXS sessions.

Cost and Timeline

10) What is the cost of the program?

Tuition costs can be found on the [Student Accounts Online Accelerated Program \(OAP\) Rates](#) webpage.

These costs do not include books and supplies, which will be an additional expense.

11) If I am entering UNCW in a second session (Fall 2, Spring 2, or Summer 2), can I still get financial aid?

As long as you are enrolled for 6 credit hours (half of full time), you are eligible for financial aid.

12) How quickly can I finish the EXS program?

If you only need the thirty-one degree required credit hours, you can finish the program in 20 months. This requires you to be a full time student with 6 credit hours per session. If you need additional courses for the [Non-Exercise Science Required Courses \(PDF\)](#), this may extend the length of the program.

13) How long is a session, and how is that different than a semester?

A session is 7 weeks, and there are two sessions per semester (two in the Fall, Spring, and Summer). There are a total of 6 sessions per year.

A semester is 15 weeks, and thus a session is half of a semester.

14) What if I need to take a session or two off, can I do that?

Yes, the program is designed to meet your busy and changing life.

About the Coursework

15) What will the online courses be like?

Most courses are set up in 8 Learning Modules; each week a new module begins. Each module may contain an overview, to do list, module learning outcomes, required readings, PowerPoint slides (with or without narration), written assignments, discussion forum, quizzes/tests, group work, and/or case studies. There is not a specific class time. However, assignments have specific due dates and times throughout the session.

For course descriptions of the EXS classes, visit the [SHAHS EXS](#) website.

16) How much time should I expect to spend on each course?

For each course, you should expect 12-15 hours of work each week. So if you are taking two 3 credit hour courses in a 7-week session, you should expect 24-30 hours of work each week.

17) Where can I find a description of the non-exercise science courses?

Course descriptions are available in the [Undergraduate Catalogue](#).

18) How many courses should I take per session?

We highly recommend that you start with one course in their first session to ensure a successful start. You may take 1-2 courses per session, and can change the number of courses you wish to take for future sessions. Students can take up to 12 credit hours per semester (Fall 1 & 2, Spring 1 & 2, or Summer 1 & 2). If you would like to take additional credit hours, talk to your Advisor to explore this possibility. 12 credits per semester (typically two courses per session) is considered full time.

19) What textbooks will I need to get for each course?

A list of textbooks is available through the [UNCW Bookstore](#). The EXS [Current Student Resources](#) webpage has instructions to look up books.

20) Can I take required non-exercise science courses somewhere other than UNCW?

Yes, however you need to take one non-nursing course at UNCW to meet the residence requirement. Discuss this with your Advisor and complete the [Transient Study Form](#) prior to taking these courses.

21) Can I test out of a course?

You can test out of certain courses; this is the College Level Examination Program (CLEP). The Registrar maintains information on [CLEP Exams](#).

Other

22) Once admitted to the EXS program, can I take courses outside the scope of the EXS program at UNCW?

No, you are only admitted to take online EXS courses in the 7-week session model.

23) Do I have to submit credentials such as a TB test, Flu Vaccination, etc.?

The only credentials that are required are for admission.

24) Will I have to complete labs?

There will be more details given within each courses requiring labs.

25) Can I get a student ID card?

Yes, although you don't need one. More information is located on the [OneCard website](#).