

EXS: Non-Exercise Science Required Courses

Transfer Credit Equivalents, FAQs, and Program Information can be found [here](#).

Composition

- 1) **ENG 100** (College Writing and Reading I, Global Emphasis)
- 2) **ENG 200** (College Writing and Reading II, Global Emphasis)
- Or the equivalent course [requirements](#).

Lifetime Wellness

- 1) **PED 101** (Physical Activity and Wellness)
- UNCW's [PED 101](#) includes both physical activity and wellness.
- This course can potentially be waived if you are over 55 years of age, or if you have military service that included Basic Training.

Mathematics and Statistics

- 1) **MAT 111** (College Algebra), OR one of the following: MAT 112, MAT 115, MAT 151, MAT 161

Foreign Language (Proficiency at 201 level or higher. You may have previous foreign language courses and/or high school courses, but UNCW requires that you get to a certain proficiency level - not just a certain number of courses)

- 1) **SPN 120** (Fundamentals of Spanish)
- 2) **SPN 201** (Intermediate Spanish I)
- 3) Or the equivalent course [requirements](#).

Aesthetic, Interpretive, and Literary Perspectives

- 1) **ENG 110** (Introduction to Literature)
- 2) **THR 121** (Introduction to Theatre)
- 3) Or the equivalent course [requirements](#).

Historical and Philosophical Approaches

- 1) **HST 105** (American History: United States), OR the equivalent course [requirements](#).
- 2) **PAR 215** (Bioethics), OR PAR 101, 115, 205, 211

Scientific Approaches to the Natural World

- 1) **BIO 201** (Principles of Biology: Cells)
- 2) **CHM 101** (General Chemistry)

Understanding Human Institutions and Behaviors

- 1) **PSY 105** (Introductory Psychology)
- 2) **ECN 125** (Survey of Economics), OR ECN 221, OR SOC 105

EXS Biology Requirement

- 1) **BIO 240** (Human Anatomy and Physiology I)
- 2) **BIO 241** (Human Anatomy and Physiology II)

Revised: 7/2017