On August 1, 2013 we held our second Alumni event. It is critically important that we continue to develop a Seahawk Nation of SHAHS alumni, and I hope you will each make a commitment to bring other alumni to subsequent events. Our goal is to have 3 to 4 of these types of events per year with at least 1-2 of those events occurring locally. Our next event is tentatively scheduled for November 21st in Raleigh in conjunction with the NC Alliance for Athletics, Health, Physical Education, Recreation, and Dance (NCAAHPERD).
### CTE Lecturer of the Year Award 2013

Congratulations to our own, Laura Spivey, who has been selected as one of only two persons as Lecturer of the Year! Thanks also to Jim Herstine for nominating her. Dr. Spivey is a Lecturer in the Recreation, Sport Leadership and Tourism Program (REC) in the School of Health and Applied Human Sciences (SHAHS), She has been a Lecturer in the REC Program since August Management 2007. Dr. Spivey’s “teaching” goes well beyond the classroom. Since coming to UNCW in August 2007, Spivey has taught fourteen (14) different classes in the REC Program. Six (6) of these 14 were developed completed and solely as new classes by Dr. Spivey. And, another four (4) of the other classes, although not new classes developed by Dr. Spivey, are REC classes that Dr. Spivey has significantly modified and improved since coming to UNCW. Dr. Spivey not only teaches a high number of classes but she also engages and mentors her students both in and out of the classroom and is therefore well respected and liked by her students and advisees.

We are blessed to have such outstanding lecturers across the board in our School. Great job Laura and to all our lecturers who contribute so significantly to our School’s mission.

### Distinguished Scholarly Engagement and Public Service award

Dr. Sue Combs is the 2013 Distinguished Scholarly Engagement and Public Service Award is offered to recognize excellence in addressing crucial local, regional, national, or global issues through scholarly activity directed towards persons and groups outside UNCW. This activity engages aspects of the public and private sectors to enhance cultural, economic, and social development. The recipient receives a medallion to wear at official ceremonies and is the UNCW nominee for the Board of Governors Award for Excellence in Public Service. Since coming to UNCW in 1986 the recipient has worked tirelessly in and out of the classroom to support and advance the pre-Socratic ideal of “a healthy mind in a healthy body.” In her teaching, scholarship and public service she has addressed crucial local, regional, national, and global issues.

### Eta Sigma Gamma Award

Dr. Randall Cottrell is a new professor and program coordinator in the Public Health Studies program at the University of North Carolina Wilmington. On October 11th, he will be receiving the Eta Sigma Gamma Honor Award which will be presented at the American School Health Association National Convention in Myrtle Beach. The Honor Award is “presented to individuals or organizations that have made major contributions to the health education profession through service, education and/or research”. It is the highest award given by Eta Sigma Gamma which is the national health education honorary society.
New Faculty & Staff Alert!

Dr. Lynn Hunt Long
PED 101 Coordinator

Lynn Hunt Long, Ed.D. comes from Savannah, GA. She attended Florida State University, Auburn University, and University of North Florida. She enjoys spending time with her daughters Emma 13 and Abby 11, likes to be outdoors, at the beach, playing tennis, hiking, yoga, cooking, and travel.

Dr. Randy Cottrell
Program Coordinator in the Public Health Studies program

Dr. Randall R. Cottrell received his doctorate in Health Education from The Pennsylvania State University in 1982. He has conducted research and published over 70 articles. Randy and his wife, Karen, are fitness enthusiasts and enjoy participating in organized long distance bicycling tours, hiking, tennis, and square dancing.

Brenda Ulhir
Administrative Associate

Brenda Ulhir has been with the university since 2011 where she started in Academic Affairs Distance Education and Summer School programs. From there she went on to manage finance for the School of Social Work. Four years ago, Brenda was a transitional student to the university majoring in psychology. Brenda has two sons and two grandsons. In her spare time, she likes to spend time learning, playing with her family and traveling. Brenda also studied culinary arts so she enjoys cooking, gardening, boating and music.

Diver of the Year

Frank Chapman, a PED instructor for scuba classes, has recently received the 2013 DAN/ROLEX Diver of the Year Award. This award is presented by the Divers Alert Network and recognizes an individual who has made contributions towards the promotion of diving safety. This is one of the most prestigious awards given out by the Divers Alert Network. Congratulations!
Four Newly Certified Strength and Conditioning Coaches

After many long hours of studying, four exercise science students successfully passed the certification exam for becoming strength and conditioning coaches. The exam is definitely challenging, but Dean Manning, Brian Andujar, David Sutherland and Nicole Costa passed the exam with flying colors. It is made up of two sections, each of which entails multiple choice questions and extensive knowledge of exercise science and nutrition. These students have now achieved an upper level certification, helping them find a niche in the working world. Using knowledge from their EXS 410 class this summer, they can now train athletes using sport-specific testing sessions, provide strength and conditioning programs and educate athletes about nutrition and injury prevention. Congratulations on all your hard work!

Obesity Prevention Initiative – Phoenix Park

Over 60 children and youth became playground “designers for a day” at the Phoenix Park Design Day in Navassa, NC on March 9, 2013. The event, which resulted in a child-designed play structure, was part of a project designed to increase healthy eating and physical activity among Navassa residents. The project was developed by the Obesity Prevention Initiative of the CHHS, the Brunswick County Health Department, the Wilmington Metropolitan Planning Organization (WMPO), and the Town of Navassa, and was funded through a $45,670 grant from Eat Smart Move More NC.

The project also resulted in two policy changes that will increase residents’ access to healthy foods and safe places to be physically active. Specifically, the Town of Navassa adopted a Complete Streets Policy and revised its current Coastal Area Management Act (CAMA) Land Use Plan to include zoning ordinances that provide opportunities for corner stores that sell healthy foods, farmer’s markets and community gardens. The playground structure, as designed by the area children, was installed in early summer 2013. The land use plan and Complete Streets Policy adoption will encourage active living by shaping what types of land uses are permitted and where and how development will take place.

Research Presentation in Jacksonville

Erik Bigsby, a Parks, Recreation and Tourism Management major, has been granted a Student Travel Award on behalf of his research project. He will be presenting his project at the Resort and Commercial Recreation National Conference in Jacksonville in November. He will be attending the conference alongside Dr. Hritz. Congratulations on your achievement!
Board of Certification Exam Results – Athletic Training

The athletic training program has achieved a 90% first time pass rate with 10 students taking the exam. These results are exceptional in comparison to the national average, which stands at an 80% pass rate. Congratulations to these students who are now certified!

Sigma Phi Omega

In April 2013, UNCW’s Gerontology Department hosted the “Stage of Life” event to heighten awareness of intergenerational relationships and careers in aging. The program highlighted graduate student research and the induction of nine new Sigma Phi Omega members. Retiring after 28 years as a UNCW gerontology professor, Dr. Eleanor Krassen Covan, a founding member of the Delta Omega chapter, was also honored for her remarkable career.

UNCW Interns Help Out at Trinity Grove

UNCW recreation therapy interns Breanna Campbell, Molly Brown, and Carissa Abramowski help out at the “Family Feud” game show, held at Trinity Grove Skilled Nursing Facility. They are all previous recreation therapy students at UNCW. Recreation therapists are always in high numbers there due to the nurturing and supportive environment provided between residents and staff members. Dr. Candy Ashton and Dr. Dan Johnson both agree that this facility has given long-term care a new kind of look. It is engaging for students and students both enjoy volunteering and interning at Trinity Grove.

UNCW Recreation Therapy Student Awarded Scholarship to the 2013 Southeast Recreational Therapy Symposium

Recreation therapy student, Ryan Serfas, was the first UNCW student to be awarded a scholarship to the Southeast Recreational Therapy Symposium (SRTS). SRTS is held annually in the southeast region of the US, with the purpose of presenting “current information and provide continual growth and development of recreational therapy professionals” (http://srts.info/14.html). The 2013 symposium was held in Gatlinburg, TN. The working scholarship provided the Ryan with complimentary registration and housing for the conference.
With the enthusiasm and determination of Dan Johnson, the Miracle League has opened as of August 3rd. Dan Johnson has nurtured this dream from its inception and now has the chance to see all of his hard work pay off. These fields provide children with disabilities in the Wilmington community with the opportunity to participate in sports and recreation activities. The fully accessible playground is another main amenity of the field and will give all children a chance to play. The Miracle field has a rubber, non-latex surface that is helpful and safe for persons with any mobility difficulties.
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DEPARTMENT FACULTY

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Dr. Kirk Brown
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Dr. Randy Cottrell
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